



HIMALAYAN FRONTIERS

CULTURE & ADVENTURE TOURS PVT. LTD.

Tel: +91 1902 250384

Email: info@himalayanfrontiers.com

WEB: www.himalayanfrontiers.com

High Altitude Trek- 6 Days

Rs. 10500/- Onwards

Manali is one of the most popular hill stations in the country. Nestled in between the snow-capped slopes of the Pir Panjal and the Dhauladhar ranges. It's a gateway for skiing and trekking in the valley. The region is well known for its trekking, climbing and skiing areas, River rafting, camping & paragliding etc.

Difficulty Level:	Moderate
Season:	Mid- June to October
Region	Manali
Activity	Trekking

Highlights

Solang: A beautiful valley offering view of glaciers & snow-capped mountains

Beas Kund: Source of Beas river

Patalsu: Astounding peak that reaches up to 4220m (13845ft)

Skeleton Itinerary

Day 01: Manali to Solang drive, Solang to Dhundi (2800m) 2.30 hrs.

Day 02: Trek to Beas Kund (3950m)

Day 03: Dhundi to Shaga Dugh (2800m) 5 hrs.

Day 04: Shaga Dugh: free day for acclimatization

Day 05: Climb to Patalsu (4470m)

Day 06: Shaga Dugh to Solang trek and drive to Manali.

Itinerary

Day1: Manali to Solang drive, Solang to Dhundi (2800m) 2.30 hrs.

We will drive you to Solang, for the trek to Dhundi. This is an easy trek through forest of Pine, Maple, walnut and Silver Fir and Oak forest. To the west of Dhundi, you will see the highest mountain peak in the Dhauladhar Range, the Hanuman Tibba (5950m). To the east are the peaks of Deo Tibba (6001m) and Indrasan (6100m). These peaks are visible in clear weather.

Day2: Trek to Beas Kund (3950m)

A full day trek will take us through snow fields (in early season), meadows, over boulders and glaciers. After two hours of gradual gradient, the trail goes uphill for a short distance, and then traverses over a glacier field to the Beas Kund. Mythology has it that Beas Rishi meditated here and wrote the epic Mahabharata, A magical place, surrounded by the peaks of Hanuman Tibba, Ladakhi, Manali, Mukerbhe, Sheti Dhar and the well-known Friendship Peak. There are cascading waterfalls and crystal-clear lake. We return to camp the same way.

Day3: Dhundi to Shaga Dugh (2800m) 5 hrs.

Learn Jungle craft and do an easy trek through verdant forest on the left bank of the river. Good area for bird watching, black bears can sometimes be sighted here, at least their foot prints! The campsite is surrounded by oak forest in an isolated place.





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Day4: Shaga Dugh- free day for acclimatization

This will be a free day. You'll get acclimatized for the climb to Patalsu which you have on the very next day.

Day5: Climb to Patalsu (4470m).

It is a long and hard day, but exciting and enjoyable. Views of the entire valley and distant mountain ranges, we climb to the highest point on the trek with ice axes, ropes and seat harness. You will need to bring good trekking shoes and gaiters. By evening, we return to camp.

Day6: Shaga Dugh to Solang trek and drive to Manali

This is the last day of your journey with us. You'll head back to Solang from Shaga Dugh. After reaching Solang, drive to Manali for your journey ahead.

Package includes

- Pick up and drop from trekking point.
- Vehicle use –Tata sumo/Tempo traveller.
- All meals
- Trekking guide.
- Accommodation in tents on 2/3 sharing.
- Sleeping bag & Mattress.
- Dinning tent.
- Toilet tent.
- Only veg meal in entire trip.
- First aid box.

Package Excludes

- Bus ticket Delhi-Manali-Delhi
- Personal expenses
- Mineral water
- Medical bill (in case of any accident)
- GST 5%

Things to be carried

- Photo ID proof
- Four pair of warm and dry clothes.
- Good quality hiking Shoes
- Waterproof rucksack
- Three sets of dry clothes
- One pair of warm clothes.
- Woollen clothing: Jacket (at least 2 pair), Gloves, Raincoat, Thermals
- 2 waterproof tracksuit/Trousers
- Bath towel and napkin
- 3-4 Pair of Cotton socks
- Slippers/floater.





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- Water bag/Water bottle (not plastic bottle)
- Torch (with extra batteries)
- Cap and Sunglasses
- Day pack
- Sanitary requisites: Bath soap, toothpaste, toothbrush, shampoo etc.
- Binoculars and camera are optional (with charger).

Above mentioned items should preferably be packed in a rucksack that is easier to carry. Please do not bring plastic/polythene bags or any disposable items, ornaments and other valuables.

Terms & Conditions

1. Booking: All booking for the tours /treks are made with Himalayan Frontiers, herein after referred to as 'the company' and are subject to the conditions: the person signing the booking form accepts the conditions and is hereafter referred to as the client.

2. Liability: The Company cannot be made liable for the consequences of weather condition, flight cancellations, war or threat of civil war, strikes, industrial action, political unrest or any other force majeure, unusual or unforeseen circumstance. The company reserves the right to use alternate transport, or vary the itinerary if breakdown, sickness or any other force major. Any additional that result, such as extra hotel accommodation, flight or road transport will be on your charge and must be paid directly at the spot.

Please understand, there are certain hazards involved in your adventurous and culture holidays which you must accept at your own risk. The company will not be liable for any illness major or minor injury, death sustained during neither the trip, nor it will be liable for any uninsured losses of your property and other losses during the trip.

3. Travel insurance: This is mandatory for all clients travelling on any tour/ trek or independent itinerary arranged by us. You are responsible for obtaining adequate insurance covering expenses of unexpected as mentioned in **liability paragraph**. the loss of baggage, medical expenses, helicopter (air or ground) rescue, injury, death, repatriation, cancellation and curtailment of the itinerary.

***It is strongly advised that clients take out insurance to cover the unexpected and cancellation charges.**

4. Refund: No refund will be made for any unused services included in the tour / trek cost. No refund will be payable to any client who voluntarily or obliged to leaves a trip enroute, clients are responsible to bare their own expenses, expenses of such as escort, transport, hotels and other related services occurred due to such circumstances.

5. Decision of Tour / trek leader or Guide: Client agree to accept the authority and the decision of the tour/ trek leader or escort appointed by the company whilst on tour with the company. If in the opinion of the tour/ trek leader, any client's behavior is detrimental to the safety, welfare or harmonious state of the group as a whole, the client may be asked to leave the tour / trek without any right of refund and all extra expenses caused will be on his/her charge.

6. The organisers or any individual connected with the camp shall not be held responsible of any accident or any unforeseen natural calamity





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7. Last moment changes on programme will not be acceptable. Final decision on any dispute will be taken by HIMALAYAN FRONTIERS Pvt. Ltd. only.
8. Participants are not allowed to go out of campsite without permission of Himalayan Frontier authorities
9. Participants are expected to be in discipline. One can be dismissed from the programme/camp who found to be misbehaving with any individual or staff members, without prior notice.
10. 1 teacher/supervisor will be complimentary only at strength of minimum 10 students. Teachers/supervisors are complimentary as a single person only.
11. All sightseeing and treks are by walk.

Booking & Cancellation

- 40% of total programme cost should be deposited in advance for booking.
- Balance payment should be made at least 7 days before the tour begins.
- The amount paid once is not transferable to any other programme /tour or to any other individual(s)/group or for any other service.
- No refund shall be made if participant(s) drop/terminate from program at any point due to any reason.
- One has to take care of his/her individual luggage. In case of loss or damage customer himself will be responsible for the same.
- The organizers or any individual connected with the tour shall not be held responsible of any accident or any unforeseen natural calamity.
- Bank charges has to be paid by the Client.

Refund Policy

Sr. No.	Cancellation Period (Before the Tour Begins)	Refund%
1	30 days	100%
2	15 days	50%
3	7 days	15%
4	Less than 7 days	Nil

*T&C Apply

